

# League-Specific RULES AND REGULATIONS

The following rules have been developed for the safety of all players. This league is strictly recreational. Play safely. Have fun. The adult league uses loose-based FIFA rules. Calls may not be as strict as FIFA due to the recreational theme of this league. Mainly referees are looking to control the tempo of the game and to eliminate any chances of injuries or unsportsmanlike behavior. Players must be registered to play in league before playing or substituting. Inform the commissioner ASAP so that player can be registered and has signed the waiver. Jerseys must be worn during games. All players must wear shin guards during games. Shin guards must be covered. Metal screw-in cleats not allowed.

## **COED LEAGUE:**

There must be two women on the field for each team at all times. In the event one team does not have two women present, the team coordinators may agree to play with fewer women on one or both teams.

## **SLIDE RULE:**

Slide tackling is not allowed and will result in a yellow card or ejection from the game if referee determines that there was an intention to harm another player. Also, any motion resulting in something similar to a slide will stop play and player will be cautioned (example: going down on one knee or trying to play ball lying down). Multiple warnings will result in a yellow or red card. Referees may let a slide go without a call if the referee feels the player had a safe distance from all other players (example: sliding to save ball and no other players are in vicinity of save attempt). Sliding inside the penalty box does not automatically create a penalty kick. The referee may issue either a penalty kick or an indirect kick based on the severity of the slide. This league is recreational and does not see a need for rewarding penalty shots for every situation. The referee will make the determination.

## **Offsides:**

FIFA law even states its not an offence to be in the offsides position. You are only offsides when the referee determines you have gained an advantage by being in that position. Because of this the referee can blow the whistle right away when the ball is kicked or he can wait a short period of time to see if the offsides player attempts to play the ball.

## **Handling:**

There is no handball rule. There is what is called deliberate handling. An unintentional touching of the ball with an arm or hand may be ignored unless it prevents a clear fast break or scoring opportunity. Only deliberate attempts of stopping the ball with a hand or arm are called immediately.

## **Goalkeeper:**

The goalkeeper **cannot** use his/her hands to gain control of a ball on a throw-in by his/her own teammate. Indirect passes (head, knee, and chest) or non-deliberate (deflections) are ok and the keeper can use his hands. Intentional foot passes are not allowed. The keeper can only hold the ball for 6 seconds before kicking it or an indirect kick is awarded.

All penalties called at the discretion of the referee will stand. Excessive complaining or harassing referees may result in ejection from the game. Referees may also make you sit out for a time determined by the referee instead of issuing a card (typically 5 min).

## **Cumulative Card Rule (cards will now carryover from game to game):**

**Any Yellow card** = warning = sit out for 5 minutes

**2nd Yellow card = 1st Red card** = gone for remainder of game and next game as well

**2nd Red card** = Gone for remainder of game and suspended for 3 games

**3rd Red Card** = Gone for game, season, league suspension determined by commissioner

Any player ejected from a game is suspended from playing during the next scheduled game.

Any player ejected from a game for fighting will be suspended from the West Carrollton Soccer Association Adult League for the remainder of the current season. A player suspended for fighting may register to play in subsequent seasons, but will be reinstated only at the discretion of the league manager or board of directors